



THE LONGEST DAY™

alzheimer's  association®

**SHOW YOUR LOVE ON
JUNE 21 AND HELP
END ALZHEIMER'S**



SIGN UP AT [ALZ.ORG/THELONGESTDAY](https://alz.org/thelongestday)

We're turning the longest day of the year into a day that's all about love. Love for those affected by Alzheimer's disease.

On The Longest Day, people across the world will do what they love, or what those affected by the disease love to do. Together, we will raise funds and awareness for care and support while advancing research toward finding the first survivor of Alzheimer's. What will you do?

POSSIBLE ACTIVITIES:



CYCLE



COOK



**HOST A
PARTY**



BOWL

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